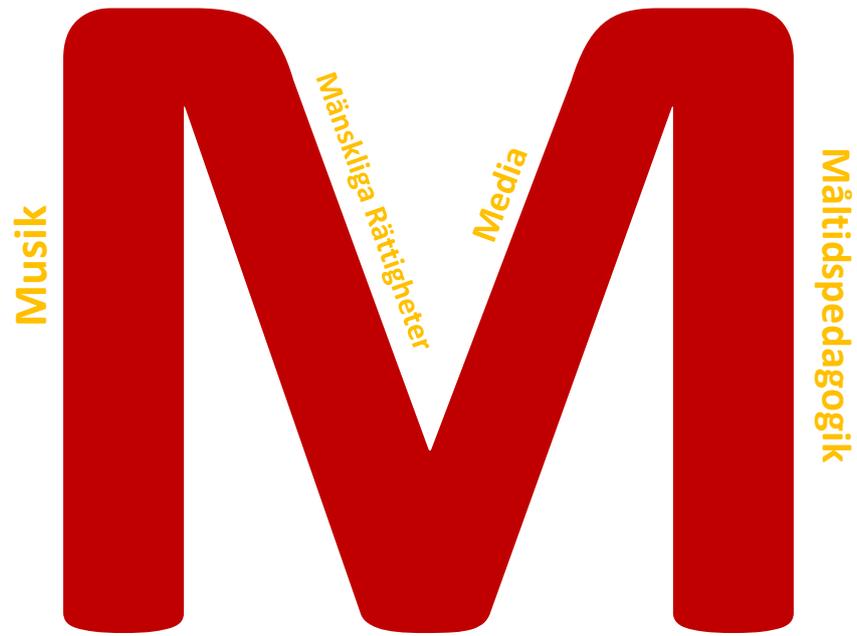


# Welcome to



## Stallbackens Preschool



# Informationfolder for guardians

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## **INDUCTION**

At induction the foundation is laid for a trusting and secure relationship between children and educators and between educators and guardians. Good cooperation between guardians and educators as well as an open dialogue about the children's needs, development and interest is fundamental for our education. At Stallbacken's preschool, we have two weeks of induction as a guideline. However we adapt the inductiontime to the individual child, which means that some children may need more or less time for induction.

During the induction, you guardians will receive information about your child's preschoolgroup of your child's educators and of course we will answer all your questions and thoughts. We want to create a trustful and good relationship with both guardian and children in order to lay the best foundation for each child to develop in a rich and versatile way.

### **Curriculum for the Preschool**

*" The preschool should collaborate with the home to give children the opportunity to develop according to their conditions. The preschool should make it clear to children and children's guardians what the goals of the education are. This is a precondition for their ability to influence and their understanding of the tasks of the preschool. It is important that everyone who is part of the work team has the ability to understand and interact with the children and to create trusting relationships with the home, so that the time spent in the preschool is positive for the children." (Lpfö18, s. 8)*

*"Education in the preschool should lay the foundations for life-long learning. It should be enjoyable, secure and rich in learning for all children. Education should be based on a holistic approach to children and the needs of children, in which care, development and learning form a whole. In cooperation with the home, the preschool should promote the development of children to become active, creative, competent and responsible people and members of society." (Lpfö18, s. 7)*

## **GOOD TO KNOW BEFORE STARTING PRESCHOOL**

- We who work in the preschool have a duty of confidentiality.
- The children are insured in preschool.
- Medical certificates are needed for any special diet. You need to report allergies or other diets on Mölndals Stads website.
- Write name on children's clothes and shoes.
- It is good to have pacifiers and/or stuffed animal for resttime if needed.
- In the summer it is important that you put on sunscreen on your child in the morning. Leave sunscreen at the preschool so that we can refill if needed.
- We go out at least once a day, which means that there should be outerwear adapted for different weather conditions at preschool.

## **CLOTHES**

There should be plenty of extra clothing at the preschool as several changes may be needed during the day. We let you know if more is needed, however it is good that you guardians occasionally look over if more clothes is needed and see over the sizes as the children many times grow fast. There should always be:

- Two pairs of extra socks
- Two pairs of extra underwear
- Pants/shorts
- T-shirt
- Long sleeved sweater
- During cold seasons there should be extra hat and mittens

### **Fall/Spring**

Hat, mittens, jacket, shoes and coveralls adapted to the weather. Rainboots and rainwear. One tip is to bring layers of clothing as it can go from hot to cold several times during the day.

### **Winter**

Overall/winter jacket and thick coveralls. Winter hat, scarf, warm mittens and winterboots. It is also good that there are warm rainwear and rainboots as there is often rain and slush outside.

## **Summer**

Several changes is needed since the weather can change between hot and cold during the day and that we often play with water in the preshoolyard if it's warm. Rainwear, rainboots, sunhat or cap, jacket and shoes/sandals.

### **A DAY AT PRESCHOOL**

The preschool **opens** at 06:30.

We eat **Beakfast** at 08:00. Triangeln and Trumman have breakfast in their own rooms. Fiolen eats in the diningroom SMAKLÖKEN, Gitarren and Flöjten eats in the diningroom TRUBADUREN. Some groups have drop-in breakfast and you will be notified at inductiontime.

In the **mornings**, before lunch, the groups have gathering (samling) and fruittime and all groups have some form of planned activity.

**Lunch** is served at 11: 00/11: 30 depending on group. Triangeln and Trumman eat at their respective rooms and the remaining groups eat in the diningrooms.

We always have **resttime**, sleeping and/or reading, after lunch. The children often have long days with content-rich activities and impressions. We cherish this impression-free moment where the children have the opportunity to relax.

**Snacktime (Mellanmål)** we eat 14:00/14:30 depending on department. Triangeln and Trumman eat at their respective rooms and the remaining grups eat in the diningrooms. Sometimes we eat snacks out in the preshoolyard.

In the **afternoons** we usually have free play inside or outside in the yard.

The preschool **closes** at 18:00.

## **Curriculum for the Preschool**

*"Education in the preschool should be planned and implemented in such a way as to promote the development, health and well-being of children. The preschool should offer children a good environment and a balanced daily rhythm with both rest and activities that are adapted according to their needs and length of stay." (Lpfö18, s. 8)*

**Note!**

All of our external doors opens and locks automatically at different times and you may need to ring the doorbell and we will open for you.

**LEAVING AND PICKING UP YOUR CHILD**

**When you leave your child**, it is important to give a clear “Goodbye” as it creates security for your child. Always leave your child to an educator and always tell if anyone else than you guardian who will pick up. Tell us, call or text us if the pickup time will deviate from the regular schedule.

**When you pick up your child** be attentive to the agreed schedule-time, call if you are delayed. It is important that you always tell a educator when you pick up.

**CONTACT INFORMATION**

Triangeln 1-3 years	0704 – 44 86 22
Flöjten 3-4 years	0704 – 67 73 55
Gitarren 3-5 years	0704 – 44 86 24
Fiolen 3-5 years	0704 – 44 86 23
Trumman 1-3 years	0704 – 44 86 25
Christina Gyllander, principal <i>christina.gyllander@molndal.se</i>	0707 – 69 01 36

## **IMPORTANT DATES**

### **APT**

Once a month we have APT (**Workplace Meeting**) and ask you kindly to pick up your child by 16:15, if possible, these days so that as many of the educators as possible can participate.

*Exact dates can be found at Unikum when the semester starts*

### **Studiedagar**

Twice per semester we have **studyday** and the preschool is closed.

*Exact dates can be found at Unikum when the semester starts*

### **Vacation closing**

During weeks 28-31 (july) the preschool is closed over the summer. For those who do not have the opportunity to have vacation during these four weeks, there is always a preschool within the city of Mölndal open. Which preschool that's open varies from year to year. Which educators work depends on who has vacation or not, there is therefore no guarantee that educators from your child's group or preschool will work at the summer preschool.

### **Other days when the preschool are closed**

Red calendar-days

Midsummers Eve

Christmas Eve (24 of december)

New Year's Eve

**Squeeze days**, days between Christmas Eve and New Years Eve, as well as days between red calendar-days and weekend, the preschool is open. However, opening hours are adjusted based on guardians' working hours and the preschool-groups are merged and several educators can have vacation.

## **IN CASE OF ILLNESS**

**The general state** of the child determines whether or not your child can attend preschool. The days at the preschool can be intense with a lot of play, learning, activities and sounds, which means that the child can be perceived well at home but do not have the energy to participate in the preschool's daily activities. This usually occurs before and after illness or when the child slept poorly during the night.

**Always notify** the preschoolgroup at latest 07:30 the same day if your child is ill or have a vacationday. Please notify the preschoolgrup when the child is well and will reurn. You can call or text.

Below we describe the guidelines regarding common illnesses that can occur during preschool. For other diseases, you are always welcome to contact your childs educators about our recommendations. We follow HYFS and 1177 Care Guide's recommendations regarding infection:

### **Cold**

Colds are common in preschool and children can have colds often. Children should be home when the cold breaks out because it is easily contagious and the child may not be able to cope with the preschool's daily activities. The child should also be at home when they are very snotty, coughing, tired or have a fever.

### **Fever**

A fever-free day at home (at least 24h) and that the child otherwise feels good and eats normally before they can return to preschool.

### **Stomachflu**

Stomachflu is very contagious and often several people are sick at the same time in the family or at the preschool. Children should be at home when they vomit or have diarrhea. They can go back to preschool when they eat as usual and have not vomited or had diarrhea for at least 48 hours. We recommend that siblings also stay at home.

### **Eyeinfection**

Even if the child is feeling well, they should stay at home, partly because the eyeinfection is cantagious and partly because the child's eye must be washed several times a day. Eyeinfection is most easily transmitted among young children because

they play close to each other. The infection spreads, for example, when the child rubs the eyes and then touch toys or other children. The child can return to preschool when the severe inflammation has healed and the child can cope with the daily activitys.

## **STALLBACKENS FOUR DIRECTIONS**

Stallbacken's preschool has four important directions that creates a valuable foundation in our educational work for all children's learning and development.

### **Music**

Music is a language that children naturally have. Music develops listening, speech, emotions and moods. Through music, the child learns that they are a creative person: what I create and say is important. At Stallbacken's preschool we notice that music creates joy and community in our children's groups.

### **Human Rights**

At Stallbacken, we work with equal treatment, which means creating a preschool free of discrimination, harassment and abusive treatment. A Safe everyday is a prerequisite for the children to be able to participate in the activities on equal terms. At our preschool, we are constantly working with friendship and being a good friend.

Everyone has the right to feel community and security in the preschool regardless of gender, transgender identity or expression, ethnic origin, religion or other belief, disability, sexual orientation, age or functional variation. We adults, both educators and guardians, together have a responsibility to ensure that no one is treated badly in preschool. (Lpfö18).

### **Media**

By media we mean various digital tools and learning environments. The digital is a mandatory part of the preschool curriculum, as we live in a rapidly changing world with increased digitalization. The preschool should lay the foundation for the children to acquire the knowledge necessary to live and work in a modern society in the long term. This may include ipads, projections, programming, QR codes, etc.

### **Meal Education**

Knowledge about earth to table, food and senses is part of the curriculum's mission in science, health and well-being. Together with our chef and Meal

Educator Kamilla, we work to increase food awareness, food enjoyment and to safeguard animals, nature and our planet.

**Welcome to our preschool!** We look forward to getting to know your child/children and to follow their learning and development here at Stallbacken's preschool.